# Clinical Bulletin #148: COVID-19

**AdventHealth Central Florida Division** 

## DAILY BRIEFING

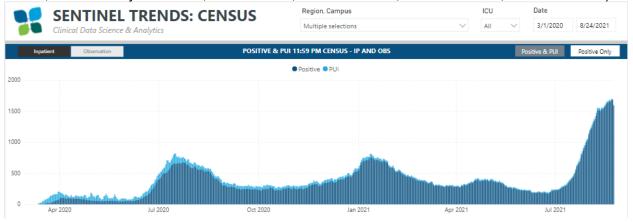
Thursday, August 26, 2021

## Current Status as of Aug. 25

The Central Florida Division is at <u>Black Status</u> through, at least, Tuesday, Aug. 31. The clinical leadership team continues to evaluate our status daily. If current positive trends continue regarding capacity volumes and acuity, the color-coded status will shift accordingly. As a reminder, even in black status, we've been expanding capacity to <u>perform urgent outpatient</u> procedures to address quality of life issues that could have negative clinical outcomes with further delays in care.

#### AdventHealth Central Florida Division:

Inpatients: 1,653 (165 Altamonte, 68 Apopka, 110 Celebration, 14 Children's, 158 Daytona Beach, 78 DeLand, 120 East, 93 Fish Memorial, 78 Heart of Florida, 91 Kissimmee, 49 Lake Wales, 48 New Smyrna Beach, 284 Orlando, 82 Palm Coast, 128 Waterman, 87 Winter Park)



#### AdventHealth Centra Care:

- Florida's positivity rate for antigen testing has declined to 17.3%, a drop from the peak positivity rate of 26% four weeks ago. See <u>this report</u>.
  - Central Florida Division Positivity Rate:
    - Month to Date: 21.33%
      - Aug. 24 snapshot: 16.06%





## Internal Policy Updates

## **Resuming Limited Surgical Procedures:**

- The Central Florida Division has opened limited capacity for urgent outpatient procedures or 23-hour stay patients. <u>Click here</u> for full details.
- To schedule cases that meet the criteria, contact the local scheduling department.
  The local chief medical officer will review all cases for approval before proceeding.
- To learn more, watch this week's virtual discussion with physician leadership.

#### **Revised Visitation Policy for End-of-Life Patients & Special Circumstances:**

- In the <u>updated SOP for the Central Florida Division</u>, patients at end-of-life or with special circumstances, regardless of COVID-19 status, may have two visitors at a time.
- Special circumstances may include:
  - Patients 18 and older who are dependent on family/personal caregiver(s) due to emotional, cognitive, or functional disabilities.
  - Patients without an advance directive for whom family/legally authorized person support is required for discussions regarding complex care planning.

#### **Revised Team Member & Health Care Provider Exposure Guide:**

- AdventHealth's <u>Exposure Guide</u> (Aug. 18) recommends immediate testing and testing again in 5-7 days for providers with a high-risk potential exposure who have not had documented COVID-19 infection in the past 90 days and are not fully vaccinated.
- Asymptomatic unvaccinated providers are allowed to work after high-risk exposures.
- <u>Click here</u> for COVID-19 testing locations & process.

## Treatment Updates

#### **Revised Adult COVID-19 Treatment Algorithm:**

• The <u>treatment algorithm</u> (updated Aug. 17) reflects changes on colchicine, ivermectin studies, and baricitinib information.

#### State-Supported & AdventHealth Monoclonal Antibody Treatment Clinics:

- Effective Sept. 1, AdventHealth Orlando's monoclonal antibody clinic will be dedicated to referrals from the ER (Cerner order) and employee health clinics (Rightfax).
  - If <u>team members test positive</u> for COVID-19, <u>review the criteria</u> right away as monoclonal antibodies should be administered as soon as possible.
- Providers in Orange, Osceola, Polk & Seminole counties: <u>Click here</u> for information on the Florida Department of Health monoclonal antibody clinics.
  - Individuals 12 & older who are high-risk and have been diagnosed or exposed to COVID-19 are eligible for this treatment, regardless of vaccination status.
  - No prescription or referral is required; treatment is free.
  - For location & appointment details, patients can <u>click here</u> or call 850-344-9637.
- Providers in Flagler, Lake & Volusia counties: AdventHealth continues to administer monoclonal antibody treatments in Lake & Volusia counties.
  - As an alternative, there is also a <u>state-supported clinic in Ormond Beach</u>.

## Vaccine Updates

#### FDA Grants Full Approval for Pfizer COVID-19 Vaccine:

- The <u>FDA has fully approved</u> the Pfizer COVID-19 vaccine for those 16 & older.
  - The Pfizer vaccine will be marketed as <u>Comirnaty</u> (pronounced "koe-mir-na-tee").



- The vaccine continues to be available under emergency use authorization (EUA) for those 12-15 years old and for a third dose in those who are severely immunocompromised.
- <u>AdventHealth has not mandated</u> vaccines for team members, but strongly encourages the COVID-19 vaccine. To receive the vaccine:
  - **Orange, Osceola, Polk & Seminole counties:** Contact the medical staff coordinator or your supervisor, or call 407-303-7135, select option 3.
  - **Flagler, Lake & Volusia counties:** The vaccine is available at employee health clinics. To review locations, times and contact information, <u>click here.</u>
  - Patients & Community Members: see <u>Vaccines.gov</u> or <u>Centra Care</u>.

## Third Doses & Boosters:

- Anyone with severely weakened immune systems can now receive a <u>third vaccine dose</u>.
  If you <u>meet the criteria</u>, consult with your physician; see <u>Vaccines.gov</u>.
- <u>A booster shot</u> will likely be needed for the general public, but this not yet approved and is awaiting final evaluation by the FDA and CDC advisory panel.
  - AdventHealth follows the current federal guidance and is developing plans in anticipation of this <u>potential authorization</u>.
  - <u>Masking</u> and <u>social distancing</u> remain effective prevention measures.

## Studies & Research

## Vaccine Effectiveness Against Infection May Wane:

- <u>This study</u> found that infection and hospitalization rates among unvaccinated persons were 4.9 and 29.2 times more likely, respectively, than in fully vaccinated persons.
- <u>This research</u> shows effectiveness decreased among fully vaccinated health care workers, which could be due to waning effectiveness over time, the Delta variant or other factors.
- These studies demonstrate the <u>importance of being fully vaccinated</u>. Although there may be attrition of protection, vaccines continue to protect against severe disease.

## Acute Myocarditis After mRNA Vaccination is Rare:

- Younger people are 80 times more likely to get heart inflammation after COVID-19 infection than after the vaccine.
- The incidence of acute myocarditis:
  - After mRNA COVID-19 vaccine: Approximately 4 per 100,000.
  - After SARS-CoV-2 infection: More than 300 per 100,000.
- See this recent study from the U.S. military and this study of Big Ten conference athletes.

## Other News for Clinicians

## Epic Launch Delayed for Both Wave 1 & 2:

- AdventHealth has delayed the Epic implementation due to the current COVID-19 surge.
- Wave 1 will now go live on March 6, 2022 (initially slated for Oct. 24, 2021).
  - If Epic training is still on your calendar between now through October, manually remove the classes or disregard the calendar holds.
- Wave 2 will now go live on July 24, 2022 (initially slated for April 2022).
- To learn more, review this letter.

## AdventHealth's Mental Health & Well-being Support:

- Anyone in a supervisory role can now access <u>peer support groups and well-being</u> <u>consultation visits</u> to help process difficulties related to the COVID-19 pandemic.
- Any team member in need of mental health support can <u>click here</u> or call 888-802-5821.



• Physicians and advanced practice providers (APPs), <u>click here</u> for well-being resources.

## Highlight of the Day

#### Parade of Thanks:

Thank you to area first responders for stopping by AdventHealth Winter Park to salute and honor our team members with a parade! Watch this video on Facebook.



To view past editions, see the communication archives on the <u>CFD Provider Resource page</u>.

Email any COVID-19 questions to <u>CFDCoronavirusQuestions@AdventHealth.com</u> or call the free AdventHealth Coronavirus Information Line at 877-VIRUS-HQ (877-847-8747).

