AdventHealth
Foundation | Central Florida

**Letter of Interest**

**Whole Person Education at Scale: Advancing Christian Practices in Higher Education and Healthcare Formation**

AdventHealth University proposes to expand its Whole Person Education (WPE) Framework as a formation-centered initiative designed to multiply opportunities for individuals to explore and engage in Christian practices across higher education and healthcare settings. The WPE Framework is grounded in four pillars—belonging, wellbeing, fulfillment, and purpose—and integrates development across intellectual, physical, psychological, spiritual, and social domains. Through curricular, co-curricular, and institutional experiences, the model cultivates competencies such as communication, emotional intelligence, cultural competence, and self-care, while intentionally fostering character, ethics, empathy, and moral formation.

This initiative will serve students, recent graduates, healthcare professionals, and emerging leaders across AdventHealth University and AdventHealth, a national healthcare system of more than 100,000 employees. These individuals are navigating questions of meaning, vocation, identity, and service in complex environments. The project will create accessible pathways for them to explore and engage in Christian practices that address these spiritual interests, strengthen community, and support growth in faith.

Grounded in the AdventHealth's Christian identity and mission, the project will retrieve, adapt, and deploy practices that have historically nurtured faith and community, including prayer, reflection, service, ethical discernment, and communal engagement. These practices will be embedded within academic and workplace contexts, ensuring they are not isolated activities but integrated into a coherent formation model connecting learning with lived faith. Quantitative and qualitative measures will be used to track engagement, outcomes, and impact over time. The initiative will expand the settings in which individuals engage in these practices, including classrooms, clinical environments, leadership development programs, and small group communities. These settings will be designed to be accessible, relational, and responsive to participants' daily realities, enabling deeper and more sustained engagement.

A key strength of this work is its scalability across educational and professional contexts. By embedding Christian practices into existing structures, the initiative will multiply opportunities for engagement while reinforcing institutional mission, strengthening community, and fostering human-centered leadership. A supporting research component will examine how engagement in these practices contributes to outcomes such as belonging, wellbeing, and professional formation, informing continuous improvement and broader learning. Through this initiative, AdventHealth University seeks to expand access to meaningful Christian practice engagement, strengthen communities of faith and practice, and support individuals in growing in faith, purpose, and service.

Thank you in advance for your consideration.