

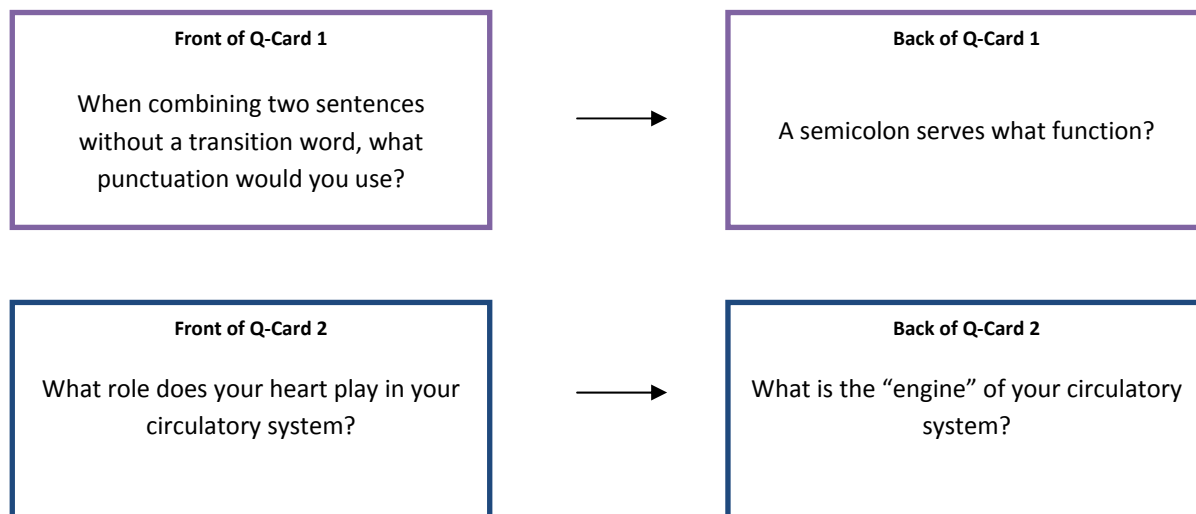
Q-Cards

Q-Cards are a step-up from a regular flashcard because it engages your mind more as you put the cards together. When working on these cards it requires both the higher and lower thinking skills and encodes the information into your brain in different ways thereby making it easier to recall the information later.

How Q-Cards work:

Q-Cards have a question on *both* sides of the card. The question on each side of the card contains the answer to the question on the other side of the card!

Here are some examples:



To get the most from Q-Cards:

1. Add a picture to each side to help learn the concepts faster and develop a visual learning style.
2. Read the questions and recite the answers out loud. Reading the cards and saying the answers in different voices helps to develop an auditory learning style.
3. Carry these cards as you would regular flash cards, and use them during "dead times," like on the shuttle to and from the parking lot, while you're waiting for a class to start, or stuck in traffic.
4. Create a Q-Card within 24 hours after attending class or learning something new.
5. Create the Q-Cards with friends in a study group and make a game out of it. With more brains coming up with questions, the easier and more fun it can be to create the cards.

**For more information visit the Center for Academic Achievement at
www.myfhchs.edu**